

# Spring into Spring

& Discover the Joys of Walking!

**Get your school moving!**



**Take the 2009  
Earth Week to Clean Air Day  
Challenge.**

**Choose a week between  
April 20 - June 3  
to participate.**



**to encourage:**

- Daily physical activity
- A healthier environment
  - Safer streets
- Making friends and having fun!

**Challenge your students**  
to walk (or jog, skip, jump)  
for a week between *Earth  
Week and Clean Air Day.*

**For:**

Activity resources  
Stickers & Prizes

**Contact:**

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Spring into Spring is an initiative of Green Communities Canada | Active & Safe Routes to School