

RESOURCES & FURTHER INFORMATION

Active & Safe Routes to School Resources

The following listing of relevant organizations can provide additional information and assistance to allow you to enhance your ASRTS program.

Other Active & Safe Routes to School Programs:

Go for Green: National manager of Active & Safe Routes to School in Canada, delivered in partnership with Greenest City, CAHPERD and Health Canada. Web site contains school resources, case studies and fact sheets, available in English and French. Go for Green also has excellent materials on infrastructure tools and techniques communities can use to make their neighbourhoods active transportation friendly.

Unit 16, 5480 Canotek Road
Gloucester, ON K1J 9H6
Tel: (613) 748-1800
Toll free: 1-888-UB-ACTIV
Fax: (613) 748-0357
Web site: www.goforgreen.ca

Way to Go! School Program, British Columbia: A province-wide program to assist schools to develop and implement active transportation programs. A resource guide is available.

3538 West 24th Avenue
Vancouver, BC V6S 1L4
Tel: (604) 732-1511
Toll free: 877-325-3636
Fax: (604) 733-0711
Email: waytogo@bc.sympatico.ca
Web site: www.waytogo.icbc.bc.ca

Sustrans Safe Routes to School, U.K.: Sustrans (Sustainable Transportation) is a Civil Engineering Charity committed to improving transportation choices in the U.K. Their Safe Routes to School program has been instrumental in bringing about positive change in pedestrian and cycling routes to school in many schools in Great Britain. Excellent Web site that's worth checking out.

35 King Street,
Bristol, BS1 4DZ
England
Tel: 0117-926-8893
Fax: 0117-929-4173
Web site: www.sustrans.org.uk

International Walk to School Day: This is the official web site of International Walk to School (IWALK) Day. Be sure to check it out for a terrific overview of IWALK around the world, great ideas and testimonials from participants.

Web site: www.iwalktoschool.org

Kids Walk-to-School Guide; Centers for Disease Control and Prevention, U.S.: CDC has placed increased emphasis on active transportation across the United States. This guide sets out the steps schools need to take to encourage active transportation programs.

Centers for Disease Control and Prevention
Division of Nutrition and Physical Activity
4770 Buford Highway N.E. (Mailstop K-46)
Atlanta, Georgia 30341, U.S.A.
Tel: 1-800-311-3435
Email: zje6@cdc.gov
Web site: www.cdc.gov/nccdp/hp/dnpa/kidswalk/index.htm

Partnership for a Walkable America: Promotes the benefits of walking and supports efforts to make communities more pedestrian friendly. Initiated the first Walk a Child to School Day in September 1997. Produced the Walkability Checklist, copy included with this guide.

National Safety Council
1121 Spring Lake Drive
Itasca, IL 60143-3201
Tel: (630) 285-1121
Web site: www.nsc.org/walkable.htm

California Safe Routes to School Program: This fast growing program that now supports over 800 schools is run out of the California Department of Health Services with support from California Highway Patrol, Local Government Commission, Surface Transportation Policy Project, California Bicycle Coalition and Rails to Trails Conservancy. The California Department of Health Services is a state public health agency with staff dedicated to active communities programs, safe routes to school projects and Walk to School Day. Excellent resource materials can be found on their Web site including some in 14 languages.

California Department of Health Services
Ph: 1-888-395-0355
Email: walkday@dhs.ca.gov
Web site: www.dhs.ca.gov/routes2school

Safe Routes to School Project, Center for Health Training, Oakland, California: This project, funded by the National Highway Transportation Safety Association (NHTSA) and targeting decision-makers, has created an excellent publication, Safe Routes to School: Practice and Promise. This document sets out to identify 'best practices' in safe routes to school programs across North America, in Great Britain and Denmark. Their research covers the history of safe routes to school programs,

the risks and benefits of the program, offers examples of successful programs and lists supportive agencies and organizations.

Safe Routes to School Project
614 Grand Avenue, Suite 400
Oakland, CA 94610-3523
Ph: (510) 835-3700
Fax: (510) 625-9307
Email: 4SafeRoutes@jba-cht.com

Protecting Our Children; Working Together for a Safer Chicago: This innovative program was designed to ensure the safety of the almost 90 percent of Chicago children who walk to school.

City of Chicago
Department of Transportation
30 North LaSalle Street, #400
Chicago, IL 60602
Tel: (312) 744-5900
Fax: (312) 744-8511
Web site: www.ci.chi.il.us

David Engwicht: David is an Australian transportation activist living in Brisbane, Australia. David pioneered the Walking School Bus concept in his book *Reclaiming our Cities and Towns: Better Living with Less Traffic*, 1993. See also *Street Reclaiming: Creating Livable Streets and Vibrant Communities*, 1999.

Web site: www.lesstraffic.com

Christchurch Safe and Active Routes to School, Christchurch, New Zealand: A school program to promote safe and healthy transportation to and from school.

Safe Routes to School Coordinator
City Streets Unit
Christchurch City Council
Christchurch, New Zealand
Tel: (03) 3711299
Fax: (03) 3711864
Web site: www.ccc.govt.nz/saferoutes

Traffic Safety/Injury Prevention Resources:

Safe Kids Canada, Pedestrian Safety Community Action Kits: A national non-profit organization that provides information to the public on how to reduce the risk of injuries in children. Injuries are the number one cause of death and disability among children.

Safe Kids Canada
180 Dundas Street West
Suite 1300

Toronto, ON M5G 1Z8
Tel: (416) 813-6766
Fax: (416) 813-4986

CAN-BIKE: A Toronto-based organization, supported by the Toronto City Cycling Committee, that provides bicycle training courses for children and adults.

CAN-BIKE Hotline: (416) 392-1311

Block Parent Program of Canada :

131- 8th St.
New Westminster, B.C.
V3M 3P6
Tel/Fax: 604-522-6343
Toll free: 1-800-663-1134
E-Mail: info@blockparent.ca
Web site: www.blockparent.ca

National Safety Council:

Web site: www.safety-council.org

Elmer the Safety Elephant:

Web site: www.elmer.ca

Classroom Resources:

Climate Change Calculator: A fun, easy-to-use tool to learn more about climate change and your personal impact on it.

Sustainable Development Research Institute
University of British Columbia
B5 - 2202 Main Mall
Vancouver, BC V6T 1Z4
Tel: (604) 822-8198
Fax: (604) 822-9191
Email: info@climcalc.net
Web site: www.climcalc.net

Climate Change Solutions, Pembina Institute: Visit their Web site for lots of practical ideas on how Canadian can reduce greenhouse gas emissions. Covers the following sectors: Individuals and Families, Municipalities, Industry, Public Institutions, Commercial, and Agriculture.

The Pembina Institute
124 O'Connor Street, Suite 505
Ottawa, ON K1P 5M9
Tel: (613) 235-6288
Fax: (613) 235-8118
Web site: www.climatechangesolutions.com

The Green Brick Road: A resource for teachers containing a broad range of topics focused on the environment.

429 Danforth Avenue
Suite 408
Toronto, ON M4K 1P1
Tel: (416) 421-9816
Toll free: 1-800 GREEN-38
Fax: (416) 537-7515
Web site: www.gbr.org

Sustainable Transportation:

Transportation Options: A Toronto-based non-profit organization dedicated to facilitating sustainable systems of transportation which promote ecological balance, social equity and economic vitality. Many resources available, including the Detour Catalogue which lists books on transportation and urban ecology.

Transportation Options
761 Queen Street West, Suite 101
Toronto, ON M6J 1G1
Tel: (416) 504-3934 or (416) 392-1560 X85831
Fax: (416) 392-0071
Email: sclimenhaga@hotmail.com

Moving the Economy: An initiative of Transportation Options, the City of Toronto with support from the Federal Government. An international conference was held in Toronto in July 1998 to explore sustainable transportation as a key to economic progress. Since that time a comprehensive proceedings document has been produced and there are several projects in progress that are acting on some of the recommendations.

Moving the Economy
East York Civic Centre
850 Coxwell Ave.
Toronto, Ontario M4C 5R1
Email: mte@toronto.ca
Web: www.movingtheeconomy.ca

Detour Publications (Detour's UrbanSource): Detour is a not-for-profit, collectively-run organization dedicated to disseminating the best in cutting-edge, authoritative green transportation information.

East York Civic Centre
850 Coxwell Ave.
Toronto, Ontario M4C 5R1
Email: mcollier@detourpublications.com
Web: www.detourpublications.com

David Suzuki Foundation: This foundation has some excellent research material and has published several papers on sustainable transportation.

David Suzuki Foundation
Suite 219
2211 West 4th Avenue
Vancouver, BC V6K 4S2
Tel: (604) 732-4228
Fax: (604) 732-0752
Email: solutions@davidsuzuki.org
Web site: www.davidsuzuki.org

Centre for Sustainable Transportation: Provides leadership in working towards achieving sustainable transportation in Canada through cooperative actions.

Suite 309, 15-6400 Millcreek Drive
Mississauga, ON L5N 3E7
Tel: 905 858 9242
Fax: 905 858 9291
Email: transport@cstctd.org
Web site: www.cstctd.org

Walkable Communities Inc., Florida: is a non-profit corporation, established in the state of Florida in 1996. It was organized for the express purposes of helping whole communities, whether they are large cities or small towns, or parts of communities, i.e. neighborhoods, business districts, parks, school districts, subdivisions, specific roadway corridors, etc., become more walkable and pedestrian friendly.

Dan Burden, Director
320 South Main Street
High Springs, FL 32643
Tel: (904) 454-3304
Fax: (904) 454-3306
Email: walkable@aol.com
Web site: www.walkable.org

Victoria Transport Policy Institute: An independent research organization dedicated to developing practical tools for incorporating social and environmental values into transportation decision making.

1250 Rudlin Street
Victoria, BC V8V 3R7
Tel and Fax: (250) 360-1560
Email: litman@islandnet.com
Web site: www.vtpi.org

National Center for Bicycling & Walking: Host CenterLines, a bi-weekly e-newsletter of the National Center for Bicycling & Walking.

1506 21st St NW, Suite 200
Washington D.C. 20036, U.S.A.
Tel: (202) 463-6622
Fax: (202) 463-6625
E-mail: info@bikewalk.org
Web: www.bikewalk.org

Health and Physical Activity

Canadian Institute for Child Health: Has prepared several resources relating to Active and Safe Routes to School, including: Active/Safe Routes to School: Did you Know fact sheet; Active/Safe Routes to School: Child/Youth Risk and Recommendations to Promote Safe Routes.

885 Meadowlands Drive East, Suite 512
Ottawa, ON K2C 3N2
Tel: (613) 224-4144
Fax: (613) 224-4145
Web site: www.cich.ca

Toronto Public Health, Health Promotion & Environmental Protection Office: This branch of Toronto Public Health can provide excellent fact sheets and research information on air quality and its impact on human health.

Toronto Public Health
Health Promotion & Environmental Protection Office
277 Victoria Street, 7th Floor
Toronto, ON M5B 1W2
Tel: (416) 392-6788
Fax: (416) 392-7418

Active Schools, Ontario Physical and Health Education Association: Active Schools helps teachers across Ontario to implement the new curriculum with fun, quality physical activity programs for their students.

1185 Eglinton Avenue East
Suite 501
Toronto, ON M3C 3C6
Tel: (416) 426-7120
Fax: (416) 426-7373
Email: info@ophea.org
Web site: www.activeschools.org and www.ophea.net

Active Ontario: Active Ontario is an integrated, co-ordinated strategy with initiatives for seven key settings - communities, schools, workplaces, homes, the recreation

system, the sport system and the health care system. The initiatives developed in each of these settings will help get people active and build leader's capacity to support their quest.

1185 Eglinton Avenue East
North York, ON M3C 3C6
Tel (416) 426-7239
Fax (416) 426-7421
Email: info@activeontario.org
Web site: www.activeontario.org

Heart & Stroke Foundation, Ontario: They provide a number of excellent resources relating to heart health and active living. Some are included in this guide.

Health Promotion
1920 Yonge Street
Toronto, ON M4S 2L9
Tel: (416) 489-7100
Fax: (416) 489-6885
Email: mail@hsf.on.ca
Web site: www.hsf.on.ca

Canadian Association for Health, Physical Education, Recreation and Dance (CAHPERD): CAHPERD, a national organization, is the professional voice for Health and Physical Education, targeting schools, children and parents, in the promotion of active and healthy living through programs, advocacy, professionalism, research and leadership training.

CAHPERD
1600 James Naismith Drive
Gloucester, ON K1B 5N4
Tel: (613) 748-5622
Fax: (613) 748-5737
Web site: www.cahperd.ca

Documentation and Reports

Small Steps/Large Rewards: A Community Based Social Marketing Research Project:

Prepared by Informa Market Research for Greenest City's Active & Safe Routes to School program. June 2001. Can be downloaded from the GCA Web site:

www.saferoutestoschool.ca

Ontario Walkability Study. The Trip to School: Children's Experiences and Aspirations:

Prepared by Dr. Catherine O'Brien, PhD, York Centre for Applied Sustainability, York University. May 2001. The results of a walkability survey conducted at 78 Ontario schools as part of International Walk to School Day 2000. Can be downloaded from the GCA Web site:

www.saferoutestoschool.ca

Parent Attitudes and Travel Behaviour Regarding the Trip to School: Opportunities for Sustainable Mobility:

Prepared by Dr. Catherine O'Brien, York Centre for Applied Sustainability, York University. June 2001. This report is the result of various focus groups,

walkability survey results and student travel diaries. Can be downloaded from the GCA Web site:

www.saferoutestoschool.ca

Kids on the Move: This inspiring document was written by the European Commission, Directorate-General for the Environment for politicians, teachers, school principals, parents, and those who are concerned about the mobility and health of Europe's 90 million children. Also designed for a European audience there are many parallels and useful information for North American audiences.

Luxembourg: Office of Official Publications of the European Communities
2002 – 61 pp.

ISBN 92-894-1887-7

Email: env-pubs@cec.eu.int

Retrofitting Communities for Sustainable and Healthy Active Transportation: This tool for communities can be obtained from Go for Green.

Unit 16, 5480 Canotek Rd.

Gloucester, ON K1S 9H6

Tel: (613) 748-1800

Toll free: 1-888-UB-ACTIV

Fax: (613) 748-0357

Web site: www.goforgreen.ca

Outdoor Air and Your Health: A Summary of Research Related to the Health Effects of Outdoor Air Pollution in the Great Lakes Basin, Health Canada, 1996: Three studies are reviewed in easy to understand language.

Air Quality Health Effects Research Section
Environmental Health Directorate, Health Canada
Environmental Health Centre, Tunney's Pasture
Postal Locator #0802A

Ottawa, ON K1A 0L2

Tel: (613) 957-1878

Web site: <http://hpb1.hwc.ca/datahpb/datachd/test/chem/chempg4.htm>

The Health of Canada's Children: Canadian Institute of Child Health. This is the third edition of this informative and well-researched document, the result of an extensive consultative process involving experts in a wide range of fields relating to child health from across Canada.

ISBN 0-919747-56-6

Ph: (613) 230-8838

Email: cich@cich.ca

Web site: www.cich.ca

Smog Primer: Pollution Probe developed this resource to build public understanding of the sources of smog pollutants, their effects on human health and the things we can do to reduce smog pollution and protect ourselves and our children from harm.

Ph: (416) 926-1907

Web site: <http://www.pollutionprobe.org>



THE ONTARIO TRILLIUM FOUNDATION
LA FONDATION TRILLIUM DE L'ONTARIO



Laidlaw
Foundation

Moving On Sustainable Transportation
Sur la route du transport durable



Transport Canada Transports Canada

TORONTO Atmospheric Fund



Love Your Heart!
Toronto Heart Health Partnership

THE J.W. MCCONNELL
FAMILY FOUNDATION

LA FONDATION DE LA
FAMILLE J.W. MCCONNELL

the co-operators
A Better Place For You™

ATPH
www.tph.ca
THE PRINTING HOUSE LTD.

GREENEST CITY



Go for Green
The Active Living & Environment Program

Active & Safe Routes to School

Manual and brochure design by CO₂ Creative, Toronto, Canada
www.co2creative.com

