



### Neighbourhood walkability checklist:

How walkable is your neighbourhood? What about the streets surrounding your community centre, soccer field or shopping area? One of the best ways we can contribute to the walkability of our neighbourhoods is to get out of our cars and walk or cycle to local destinations. Sometimes this is difficult, because the environments we encounter are not suitable for pedestrians or cyclists. You can contribute to making walking and cycling safer in your community by creating a greater awareness of the issues that pedestrians and cyclists face.

Choose a destination, such as a park, community centre, a friend's house or your local shops. Take a walk with your child(ren) and bring the walkability checklist with you. As you make the journey, take note of the location of problems, places where it was difficult or uncomfortable to walk, circumstances that were unsafe or put you at risk. At the end of your walk, complete the checklist. How walkable was the route to your destination?

If you encountered a difficult route, and you want to find out how to improve the pedestrian or cyclist environment, contact your local municipality, or road authority. Discuss your concerns with the local transportation or traffic engineer. Find out how you can become involved in ensuring that the concerns of pedestrians and cyclists are taken seriously when decisions are being made in your community.

*The Canadian Active & Safe Routes to School Partnership*

